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**Oviedo High School**  
**Principal's Weekly Update**  
**March 9, 2020**



Spring Break is next week! Enjoy your time with family and friends. Relax and refresh for the last quarter of the year!

Oviedo graduate, Emily Deler, is Nala for Hong Kong Disneyland. Her interest in musical theater started at Oviedo High School when Mr. Schult gave her the foundation to vocalize. Congratulations to both Emily and Mr. Schult!

**Great job to the OHS Athletic Boosters for bringing the OHS Carnival to the Oviedo Mall!** Their leadership was instrumental in all phases of the Carnival from the idea, planning, and full implementation. Thank you so much for all you do for our athletes at OHS!

**Safety and Security**

A topic of concern to Oviedo High School students is our restrooms. In order to address this concern, the administration has taken several steps the last two weeks. Both Mr. Morgan, Assistant Principal over Facilities, and I met with the head custodian to discuss cleanliness of the bathrooms and soap for the soap dispensers. Mr. Morgan and I walked through every student restroom on Thursday morning to make sure there was soap available in every dispenser. We will continue to check weekly for the remainder of the year. I am also asking that students help with this initiative. If they see an empty soap dispenser, I would greatly appreciate it if they would tell an administrator. This way we can address it immediately with our on-staff day custodians. There is also an issue with vandalism in some of the bathrooms. We are trying to determine who the vandals are, but we have not been unsuccessful apprehending anyone yet. Mr. Morgan also had district custodial staff come to Oviedo High School to demonstrate various

floor scrubbers. Oviedo High School purchased two scrubbers to assist with deeper cleaning. In addition, we had a visit from a contractor to discuss the bathroom composite floors. Unfortunately, the bathroom floors are permanently stained especially in the boys' restrooms. Although they are mopped, they do not look clean and appear dingy. We do not have an immediate solution to this unless we redo all the floors with tiles. Stay tuned as we continue to research various options. In addition, Mr. Morgan has several work orders in with the district to fix various fixtures in our restrooms. We will continue to monitor and try to improve our student restrooms. I would like to thank the two parents for contacting me via email and the following students who wrote me a letter describing the issue: Koiya Rymer, Giovanni Ortiz, Shannon Ricks, Harshil Lalwani, and Emily Christensen.

**I would like to congratulate the Teacher of the Week:**

**Congratulations to Ms. Barbara Kelly!** Ms. Kelly's students say she is patient, has amazing stories, and makes calculus fun! Congratulations!

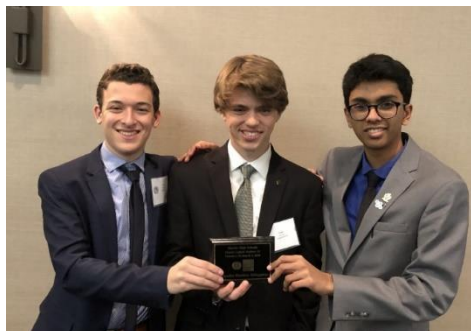
**I would like to congratulate the Students of the Week:**

Ms. Alfert would like to commend **Deven Pallesco**. She says, "I can always count on Deven to be an amazing group member. He understands lessons quickly and then is helpful and motivates others. He is a very hard worker and always has a positive attitude." Congratulations Deven!

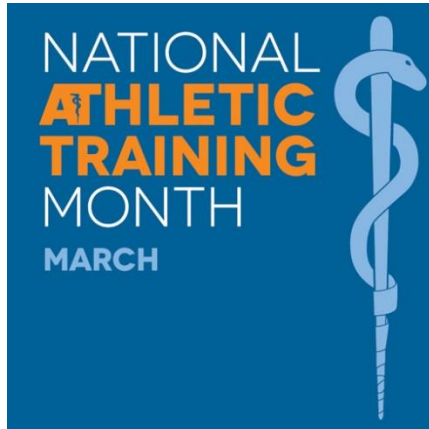
Another student we'd like to recognize is an OHS JROTC member, **Fabrizio Menezes**. He has been Clifford the Dog at the Evans Elementary Book Fair for several years now. This special young man, with such a big heart, and dedication will go places. Congratulations Fabrizio!



**Brooke Brennan** and **Erin Newman**, who are part of the TV production group, are being recognized for the way they conducted and produced the interview with ESE students in the Roaring Lion Empire. Not only did it turn out to be a fantastic piece, that we were able to showcase at the Community Leadership event, but they could not have been sweeter to our students. They were so patient and made them all feel really special about participating in the interview. These two young ladies are a tremendous example of all that is great about Oviedo High School.



Congratulations to **Neri Verniani**, **Joseph Cannaday** and **Eshan Ramesh** who as team received an Honorable Mention Delegation award in the Florida High School Model United Nations competition held this past week. They demonstrated great critical thinking skills, leadership skills and team work as they worked to create solutions to current world issues. This was the first competition for the newly formed Oviedo High School Model UN club.



National Athletic Training Month is held every March in order to spread awareness about the important work of athletic trainers. The 2020 slogan is "ATs Impact Health Care Through Action." Athletic training is an allied health care profession that encompasses the prevention, examination, diagnosis, treatment and rehabilitation of emergent, acute or chronic injuries and medical conditions. Athletic trainers provide medical care and supervision during games and practices and develop injury

prevention programs to keep athletes healthy and on the field. AT's must hold at least a bachelor's degree in athletic training from an accredited college or university, pass a comprehensive Board Certification exam, meet ongoing continuing education requirements, and be licensed in the state of Florida. Should an injury occur, athletic trainers are able to diagnosis, treat and rehabilitate an injured athlete and return them to their sport as quickly and safely as possible.



Oviedo High School's Athletic Training Program works under the direction of Dr. Randy Schwartzberg of Orlando Orthopaedics, and in cooperation with other health care professionals, administrators, coaches, and parents. We currently staff 3 certified athletic trainers, 1 paramedic, and 13 student athletic trainers that help care for our 45 interscholastic sports teams. While in the program, students learn basic athletic training techniques and provide invaluable assistance to the AT's in the coverage of athletic events.

### **Student Athletic Trainers**

Natalia Coutard  
Cristiana Fore  
Kendall Gallagher  
Jalen Gilliland  
Autumn Hall  
Miya Hodges  
Savanna Hodges  
Legacy Love  
Jylanni Morris  
Cheyne Olson  
Leighen Schaffer  
Veronica Silva  
Alani Yruretagoyena

### **A big thank you to our Athletic Trainers**

Erica Zimolzak-Coe  
Kevin Mathews  
Breena McCarthy



### 3<sup>rd</sup> Nine-Week Exams Bell Schedule

<b>Monday, March 9 (Periods 1 &amp; 4)</b>		<b>Wednesday, March 11 (Period 6)</b>	
7:20 - 8:30	<b>First Period Exam</b>	7:20 - 7:57	First Period
8:35 - 9:17	Second Period	8:02 - 8:39	Second Period
9:17 - 9:27	Break	8:39 - 8:49	Break
9:27 - 10:14	Third Period	8:49 - 9:29	Third Period
10:19 - 11:29	<b>Fourth Period Exam</b>	9:34 - 10:11	Fourth Period
11:29 - 11:59	Lunch Group A	10:11 - 10:41	Lunch Group A
12:04 - 12:46	Fifth Period Group A	10:46 - 11:23	Fifth Period Group A
11:34 - 12:16	Fifth Period Group B	10:16 - 10:53	Fifth Period Group B
12:16 - 12:46	Lunch Group B	10:53 - 11:23	Lunch Group B
12:51 - 1:33	Sixth Period	11:28 - 12:38	<b>Sixth Period Exam</b>
1:38 - 2:20	Seventh Period	12:32 - 1:20	Seventh Period
<b>Tuesday, March 10 (Periods 2 &amp; 5)</b>		<b>Thursday, March 12 (Periods 3 &amp; 7)</b>	
7:20 - 8:02	First Period	7:20 - 8:02	First Period
8:07 - 9:17	<b>Second Period Exam</b>	8:07 - 8:49	Second Period
9:17 - 9:27	Break	8:49 - 8:59	Break
9:27 - 10:14	Third Period	8:59 - 10:14	<b>Third Period Exam</b>
10:19 - 11:01	Fourth Period	10:19 - 11:01	Fourth Period
11:01 - 11:31	Lunch Group A	11:01 - 11:31	Lunch Group A
11:36 - 12:46	<b>Fifth Period Exam Group A</b>	11:36 - 12:18	Fifth Period Group A
11:06 - 12:16	<b>Fifth Period Exam Group B</b>	11:06 - 11:48	Fifth Period Group B
12:16 - 12:46	Lunch Group B	11:48 - 12:18	Lunch Group B
12:51 - 1:33	Sixth Period	12:23 - 1:05	Sixth Period
1:38 - 2:20	Seventh Period	1:10 - 2:20	<b>Seventh Period Exam</b>
Teacher Workday is Friday, March 13			
Spring Break is March 16-20			
Start 4th Quarter on Monday, March 23			

### **Athletics Update from Athletic Director Jen Darty and Assistant Athletic Director Bill Bronga**

Softball beat Lyman at both levels last night – JV won 8-0 & Varsity won 6-2. For JV, Molly Cranford and Alex Bentize both had 2 RBIs and Ava Gelm got the win on the mound in four innings with eight strikeouts. For Varsity, Paige Weinmann, Catherine Buckner, and Holly Archer all had multiple hits each and Catherine Buckner & Mackenzie Fore had great pitching outings on the mound.

Boys Varsity Lacrosse won over Trinity Prep 15-2. Tanner Sims led the team with five goals and Kevin Croteau had four goals and an assist.

Girls Water Polo won over Lyman 15-3. Gabriela Donahue and Caitlin Kim had four goals and Marisa Watkins added three. Boys Water Polo defeated Lyman 20-5. Blake O'Brien had five goals to lead the team, Shane O'Connor added four, and Alex Hudacsko added three.

The Boys Tennis Team fell to Lake Mary by a score of 6-1. In difficult windy conditions, all players picked up games in their matches, but only No. 2 singles Jordan Kazaka won 9-8 (7-2).

Varsity Boys Lacrosse beat HHS 8-6 - first time beating them since 2014. Goals by Tristan Wilson 2, Tanner Sims 2, Cole Gehring 2, Kevin Croteau 1, Brandon Macias 1. JV won 9-4.

Boys Varsity Volleyball won at East River 3-1. JV lost 1-2. (see picture).

Varsity Softball beat East River 12-1. Holly Archer took the win on the mound while Makenzie Fore and Angelee Bueno both hit home runs to lead the offense.



Over the weekend, Gabe Rendon & Marcus Patrick competed in the Wrestling State Championship. Marcus Patrick wrestled tough finishing in the top twelve of the state tournament. Gabe Rendon took 5<sup>th</sup> overall, making himself a three-time state qualifier and two-time state placer. Congratulations to the boys & Coach Simonelli!

Softball fell to East Ridge at both levels on Friday with JV losing 6-5 & Varsity losing 4-2.

Varsity Baseball beat Lyman on Friday 8-4. Brayden Woodburn went 2-for-2 with a home run and 3 runs scored while Erick Day was 3-for-4 with 3 runs scored. On Saturday, Varsity Baseball defeated Nease 4-2. Brayden Woodburn went 2-for-3 with a run scored while Kade Faircloth had 2 doubles & 2 runs scored. JV fell to Lyman on Friday 6-0 & Nease on Saturday 8-2.

On Friday, Boys Varsity Lacrosse defeated Winter Springs 17-1.

Boys Varsity Volleyball swept Reborn Christian Academy 3-0 on Friday.

Water Polo got wins over Hagerty on both sides on Friday with the Boys winning 18-13 & Girls winning 8-3. For the Boys, Domenic Vizzarri led the team with 6 goals in the win. Matthew Camp also added 4 goals. On the Girls side, Elle Duffy led the team with 2 goals.

On Friday night, Liz LeBlanc, Emily Fil, Vani Thupili, and Sierra Brown all played on the girls side of the Seminole vs Orange County Senior All-Star Game. Seminole County won 2-1 and Vani Thupili scored the game winning goal and was name MVP for the Seminole County Team. Reese Hudson and Tyler Zoucha played with the Seminole County boys team who beat Orange County 4-3.

Boys JV Volleyball competed in the Spruce Creek JV Tournament on Saturday – full results will be sent out as soon as possible.

Track competed in the Brian Jaeger Invitational at Winter Park on Saturday with both the Boys & Girls finishing 9<sup>th</sup> overall out of 29 teams. For the Girls, Chelsea Craft finished 2<sup>nd</sup> in the 200 Meters, Sophia Johnson finished 4<sup>th</sup> in the 1600 Meters, Nydia Roman finished 3<sup>rd</sup> in the 100 Hurdles, Kiana Scott finished 3<sup>rd</sup> in the Shot Put, Caroline Hickey finished 4<sup>th</sup> setting a new school record in the 2000 Meter Steeplechase, our 4x800 Relay Team of Abbie Davis, Leola Broitman, Caroline Hickey & Sophia Johnson finished 5<sup>th</sup>. For the Boys, Sam Austin won the 400 Meter, Kayamo Galloway finished 4<sup>th</sup> & Mamush Galloway finished 5<sup>th</sup> in the 2000 Meter Steeplechase, and our 4x800 team of Mamush Galloway, Kayamo Galloway, Trey Matschner, and Sam Austin finished 2<sup>nd</sup>.

### **Summary of Week's Events**

#### **Monday, March 09**

- 2:30 PM *BETA Meeting* (School)
- 2:30 PM *Drama Rehearsal* (School)
- 5:00 PM *Color Guard Practice* (School)
- 5:00 PM Girls Junior Varsity Softball Mount Dora Christian Home and Bible School Home
- 5:30 PM Boys Junior Varsity Lacrosse Lake Minneola High Home
- 6:30 PM *Project Grad Meeting* (School)
- 7:00 PM Boys Varsity Lacrosse Lake Minneola High Home
- 7:00 PM Girls Varsity Softball Mount Dora Christian Home and Bible School Home
- 7:00 PM Girls Varsity Water Polo Lake Mary Away
- 8:00 PM Boys Varsity Water Polo Lake Mary Away

#### **Tuesday, March 10**

- 2:30 PM *Drama Rehearsal* (School)
- 2:30 PM *NJROTC* (School)
- 3:00 PM Coed Varsity Tennis Lake Howell Away
- 3:30 PM Girls Varsity Water Polo Lake Howell Away
- 4:30 PM Boys Varsity Water Polo Lake Howell Away
- 5:00 PM *Color Guard Practice* (School)
- 5:00 PM Girls Junior Varsity Softball Lake Mary Home
- 5:30 PM Girls Junior Varsity Lacrosse Lake Mary Home
- 6:00 PM Boys Freshman Football *Spring Football Freshmen Parent Meeting* (School)
- 6:00 PM Boys Varsity Baseball Hagerty Home
- 7:00 PM Girls Varsity Softball Lake Mary Home
- 7:00 PM Girls Varsity Lacrosse Lake Mary Home

#### **Wednesday, March 11**

- Gym Resurface* (School)
- 2:30 PM *Drama Rehearsal* (School)
- 2:30 PM *SECME Meeting* (School)
- 3:00 PM Coed Varsity Tennis Lake Brantley Home
- 4:00 PM Boys Varsity Weightlifting Lake Brantley Home

5:00 PM *Color Guard Practice* (School)  
5:00 PM Girls Junior Varsity Softball Winter Park High School Home  
5:30 PM Boys Junior Varsity Volleyball Lyman Home  
6:00 PM Girls Varsity Water Polo Bishop Moore Away  
6:30 PM *Girl's Soccer Banquet* (School)  
7:00 PM Boys Varsity Water Polo Bishop Moore Away  
7:00 PM Boys Varsity Volleyball Lyman Home  
7:00 PM Girls Varsity Softball Winter Park High School Home

### **Thursday, March 12**

*End of 3rd Quarter* (School)  
*Gym Resurface* (School)  
2:30 PM *Drama Rehearsal* (School)  
2:30 PM *NJROTC* (School)  
4:00 PM Coed Varsity Track Trinity Prep *Trinity Prep Developmental Meet* Away  
5:00 PM *Color Guard Practice* (School)  
6:00 PM Boys Varsity Baseball University High School (Orange City) Home  
6:00 PM Boys Junior Varsity Volleyball Timber Creek Away  
6:00 PM Girls Junior Varsity Lacrosse Bartram Trail Away  
7:30 PM Boys Varsity Volleyball Timber Creek Away  
7:30 PM Girls Varsity Lacrosse Bartram Trail Away

### **Friday, March 13**

*Gym Resurface* (School)  
*Student Non-Attendance day/Make-Up Day #4* (School)  
TBA Boys Varsity Volleyball OPEN DATE *Timber Creek High School Showcase @ OSC* Away  
2:30 PM *GSA Meeting* (School)  
4:00 PM Boys Junior Varsity Baseball Hagerty Away  
4:00 PM Coed Varsity Track Lake Brantley *Charlie Harris Relays* Away  
5:00 PM *Color Guard Practice* (School)  
5:30 PM Boys Junior Varsity Lacrosse Lake Mary Away  
7:00 PM Boys Varsity Baseball Hagerty Away  
7:00 PM Boys Varsity Lacrosse Lake Mary Away

### **Saturday, March 14**

*Gym Resurface* (School)  
TBA *BB5 Camp* (School)  
TBA Boys Varsity Volleyball OPEN DATE *Timber Creek High School Showcase @ OSC* Away  
*AM Robotics Meeting* (School)

### **Sunday, March 15**

*Gym Resurface* (School)

### **Monday, March 16**

*Gym Resurface* (School)  
*School Closed* (School)  
5:00 PM *Color Guard Practice* (School)

### **Tuesday, March 17**

*Gym Resurface* (School)  
*School Closed* (School)  
1:00 PM Boys Varsity Baseball Lakewood Ranch High School Away  
5:00 PM *Color Guard Practice* (School)

**Wednesday, March 18**

*Gym Resurface (School)*

*School Closed (School)*

2:00 PM Boys Varsity Baseball Venice High School Away

5:00 PM *Color Guard Practice (School)*

**Thursday, March 19**

*Gym Resurface (School)*

*School Closed (School)*

12:00 PM *Color Guard Practice (School)*

5:00 PM *Color Guard Practice (School)*

**Friday, March 20**

*Gym Resurface (School)*

*School Closed (School)*

12:00 PM *Color Guard Practice (School)*

5:00 PM *Color Guard Practice (School)*

**Saturday, March 21**

*Gym Resurface (School)*

*Tarpon Springs Dance (Other)*

*AM Robotics Meeting (School)*

**Sunday, March 22**

*Tarpon Springs Dance (Other)*