

OHS Cheerleading Rules

General Cheerleading Rules

1. All cheerleaders are governed by the Seminole County Code of Conduct and Citizenship Policy. The link to this can be found at the bottom of the page. Conduct detrimental to the team will not be tolerated. Incidents will be dealt with, on a case by case basis. Repeated incidences can result in benchings/dismissal from the team as per the coach's and/or administration's discretion. Examples of detrimental conduct may include but are not limited to being disrespectful by words, actions or attitude, including on social media, toward a coach or teammate, being late to or missing games, practices or other mandatory events, and receiving discipline referrals.
2. A schedule will be issued in advance and all events are mandatory. Changes may occur at any time; the coaches will give as much notice as possible.
3. OHS shares athletes, so, if a cheerleader is participating in another sport, club or activity you must keep in mind that OHS cheerleading is your first priority. If there is a conflict, coaches must know ahead of time (more than 1 day) in writing and arrangements **MUST** be made with the coaches.
4. When there is a scheduled uniform to a game, cheerleader must be in full uniform.
5. Whenever a cheerleader is in uniform of OHS cheerleading attire, you should conduct yourself as a lady. No foul language, disrespect or inappropriate public displays of affection. People are always watching student athletes.
6. All practices are closed to family and friends. This will assure the total focus on the tasks to be accomplished.
7. Cheerleaders are required to replace all lost Oviedo High School uniforms and property.

Field Trip Rules

8. When taking a trip **all** cheerleaders will ride the bus to and from the event. We will have a bus to **ALL** away football games. Riding home with a parent is **NOT** permitted.
9. The starting point and ending point for **ALL** events will be Oviedo High School.
10. While cheering at any event you are expected to support and cheer the teams to victory. This is not the time to socialize. Failure to comply will result in disciplinary action. Cheerleaders should use the halftime to take care of any individual needs.
11. Competitions are considered a field trip and will follow the same guidelines as any other event. Cheerleaders will focus on the competition and will be allowed to socialize at stated times by the coach.
12. We will **NOT** have parent chaperones at competition. 3 coaches are plenty for 20 girls. If parents want to attend the event and stay at the same hotel that is fine, but please give the girls space, we would like to keep them as focused as possible.

Please note that a social media code of conduct is currently being developed and will be in effect for the 2014-2015 school year throughout Seminole County.

SCPS Code of Conduct can be found below and the Citizenship Policy is on page 24.

<http://www.scps.k12.fl.us/Portals/53/assets/pdf/PolicyFiles/StudentConductDisciplineCode.pdf>

OHS Cheerleading Rules

CONDUCT

- A. By accepting the privilege/honor of being a member of the OHS cheer program, the cheerleader accepts the fact that her actions are more prominent than those of persons not associated with such an activity.
- B. Because of this prominence and because members represent Oviedo High School, exemplary behavior is mandatory at all times, anywhere in the community of OHS and at all functions where cheerleaders are recognized as representatives of Oviedo. The Seminole County Citizenship policy applies to all cheerleaders throughout the year. There is no off time.
- C. Smoking or drug usage (including alcohol) is not allowed at any time according to the Seminole County Citizenship policy, either on or off campus. The consequences are explained in the Citizenship policy. To even be with people who are in possession of alcohol or other drugs could result in disciplinary action.
- D. All rules and regulations imposed on any Oviedo student will be imposed on cheerleaders. You are responsible for knowing all the rules.
- E. Cheerleaders must display proper behavior in class, including not skipping, cheating, or being tardy.
- F. The coach reserves the right to bench a cheerleader based on citizenship and attitude.

GRADE RULES

Cheerleading is a sport and will fall under all FHSAA guidelines

- A. 2.0 GPA- A high school student must have a cumulative 2.0 grade point average on a 4.0 unweighted scale, or its equivalent, at the conclusion of each semester to be academically eligible during the next semester (s.1006.15(3)(a)1, Florida Statutes)
- B. "F" on a progress report/report card- If a student receives an "F" on a progress report and/or report card he/she will need to complete a weekly progress report. The progress report must be shown to your respective coach and signed by your parent. You may be restricted from games/competitions/events until that "F" is raised to a passing grade. If you receive an "F" for the second time on a report card you will be dismissed from the team.