

Welcome to the 2024-2025 interscholastic athletic programs at Oviedo High School. In choosing to become involved in your school outside of the classroom, not only will you experience the joy of athletic competition but also the camaraderie of team sports. High school athletics is a valuable component of a well-rounded student.

<u>Fall Sports</u>	<u>Start Date</u>	<u>Head Coach</u>
Sideline Cheer	May 2024	Allie Rondone
Football	7/29/2024	Greg Odierno
Boys Golf	7/29/2024	John Howell
Girls Golf	7/29/2024	John McKernan
Swimming & Diving	7/29/2024	Charlie Rose
Girls Volleyball	7/29/2024	Jen Darty
Cross Country	7/29/2024	Joe Hazera
Bowling	7/29/2024	Joel Freund

<u>Winter Sports</u>	<u>Start Date</u>	<u>Head Coach</u>
Girls Weightlifting	October 2024	Danny Evans
Competitive Cheer	October 2024	Madison White
Girls Soccer	October 2024	Scott Waisanen
Boys Soccer	October 2024	Ben Luker
Girls Basketball	October 2024	Steve Jacobus
Boys Basketball	October 2024	Ian Young
Girls Wrestling	Oct-Nov 2024	Zach Waters
Boys Wrestling	Oct-Nov 2024	Zach Waters

<u>Spring Sports</u>	<u>Start Date</u>	<u>Head Coach</u>
Boys Weightlifting	January 2025	Greg Odierno
Boys & Girls Water Polo	January 2025	Charlie Rose & MK Allen
Boys & Girls Tennis	January 2025	Will Furiosi
Softball	January 2025	Anna Hollis-Childress
Baseball	January 2025	Andy Lyon
Boys Lacrosse	January 2025	Gavin McGuckin
Girls Lacrosse	January 2025	Scott Dean
Track and Field	January 2025	Joe Hazera
Flag Football	January 2025	Greg Odierno
Girls Beach Volleyball	February 2025	Jen Darty
Boys Volleyball	February 2025	Jeff Schneider

All start dates are set by the FHSAA and can be found when announced at www.fhsaa.com. Teams may have workouts, open to all who are enrolled and eligible, leading up to their season start date. When it becomes available, summer workout information will be posted on our school website.

Athletic Philosophy: At Oviedo High School, we understand and appreciate the importance of athletics in the overall education of our student-athletes. Experiences teach values such as hard work, commitment, leadership, discipline, teamwork and physical fitness all within a framework of academic excellence. Participation contributes to the physical, emotional and social health of our students, and promotes a sense of school pride.

Oviedo High School has a tradition of success shown in part by wins and championships. Winning is a natural goal and is emphasized on the varsity levels – but never at the expense of healthy attitudes, values and individuals. At sub-varsity levels, winning remains a goal but is subordinate to skill development and participation. Above all, we want all of our athletes to have a rewarding and enjoyable experience while attending Oviedo High School.

Athletic Eligibility: To be eligible for Athletics at Oviedo High School, the student must be enrolled or approved for attendance at Oviedo High School (FHSAA Bylaw 9.2) and must maintain a cumulative 2.0 grade point average on a 4.0 unweighted scale (FHSAA Bylaw 9.4).

Athletic Clearance: All potential student-athletes must be cleared for athletic activity through www.AthleticClearance.com. To gain clearance, you must have a current FHSAA/SCPS EL2 Sports Physical uploaded to your account along with proof of insurance, parent driver’s license, birth certificate, ECG cardiac clearance and FHSAA/NFHS required video course certificates. You will not be able to participate in any athletic activities before uploading all documents and gaining clearance. When a student-athlete gains clearance, the coach is automatically notified that the athlete can participate and all emergency contact information submitted in your account is available to the coach.

Cut Policy: One of the most difficult and unpleasant tasks of coaching is making cuts. Before you tryout for any program at Oviedo High School, be prepared to accept the fact that you may not make the squad. There are around 2,200 students enrolled at the school. No one enjoys informing any student that he/she has not made the team, but in many instances it is necessary to reduce the number of participants to a manageable number. All roster decisions made by the coaching staff are final. **No one, including seniors, is guaranteed a spot on a team.**

Playing Time: Decisions regarding playing time are made solely by the coaching staff of each program. Playing time on all levels is based upon the following:

1. Performance & attendance at practice sessions – leadership, sportsmanship, coach-ability, respect, etc.
2. Discipline issues and team rule violations.
3. Physical preparedness to play – risk of injury.

Athletes with questions regarding playing time should address them with their coach with the understanding that playing time is not guaranteed.

Transportation: Transportation may be accomplished in any of three acceptable forms: SCPS buses, approved drivers or personal vehicle. The mode of transportation is established by each program and approved by the athletic director. **Under no circumstances will a student be permitted to ride with another student to a contest.** Please note, buses are very limited in county due to the shortage in drivers and often unavailable.

OVIEDO HIGH SCHOOL ATHLETICS

2024-2025

A GUIDE TO LION ATHLETICS FOR STUDENT-ATHLETES AND PARENTS



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Equipment: It is the responsibility of the athlete to return all school issued equipment, uniforms and supplies to the coach at the conclusion of the sport season. Anyone failing to return any item will be billed appropriately for the original purchase cost of the item. Failure to make restitution may result in the withholding of report cards or final transcripts.

Personal Property: Oviedo High School is not responsible for any personal property that is lost or stolen. Athletes are encouraged to lock any valuables or ask a coach to help secure the items in an appropriate place.

NCAA and Collegiate Eligibility: Athletes may wish to participate on the collegiate level after high school. In order to be eligible for the NCAA, athletes need to go to www.eligibilitycenter.org to register for an account. The NCAA has very strict academic requirements for participation that are centered around the core course GPA and SAT/ACT scores. It is the student-athlete's responsibility to monitor these requirements with their guidance counselor.

Communication of Athletic Concerns: This section is intended to help improve the communication between parents, athletes, coaches and administrators, ultimately for the benefit of the student-athlete. Involvement in athletics will allow your children to experience some of the most rewarding times of their lives. However, there will likely be times when things do not go their way or they disagree with a coach or staff member. It is important that the parents realize that these situations are as much a part of the learning process as the good times. The Oviedo High School coaching staff works hard to ensure the success of every athlete in our programs and we ask that you respect their position on issues within the team. We strongly encourage **the athlete** to talk with the coaches regarding any team issues during the season. This is not only the most direct and productive means of communication, but also a valuable method of teaching responsibility. We realize that situations may arise in which you as a parent deem it necessary to raise a concern and we ask that you adhere to the following guidelines.

Protocol for Registering Concerns: We request that you contact the coach first. If that meeting does not provide a resolution to your problem, please contact the Athletic Director, Jen Darty.

Please don't confront a coach before or after a game. These can be emotional times for both parties and meetings of this nature do not promote resolutions.

Hazing: "Any activity that humiliates, degrades, abuses or endangers, regardless of the person's willingness to participate." This does not include activities such as carrying balls or equipment or participating in team building activities that promote the building of team unity. **Hazing of any type will not be tolerated on any level.**

2003, 2004, 2019 & 2020 FHSAA FLOYD E. LAY ALL SPORTS STATE CHAMPIONS
2019 & 2020 FACA CLASS 9A ATHLETIC PROGRAM OF THE YEAR
2003, 2019, 2020, 2021 SEMINOLE ATHLETIC CONFERENCE ALL SPORT CHAMPIONS